

# MEET THE PRODUCT






## BRAVENLY CALM

Calm is a unique adaptogenic formula made to fight stress, improve mental clarity, increase energy levels, and support your mood.\*

One capsule employs antioxidant-rich ingredients that will counter daily chaos and give you a more restful night's sleep.



## BRAVENLY BENEFITS

-  SUPPORTS MOOD\*
-  INCREASES ENERGY LEVELS\*
-  PROMOTES RELAXATION\*
-  INCREASES MENTAL CLARITY\*
-  SUPPORTS HEALTHY SLEEP CYCLE\*

### Supplement Facts

Serving Size 1 Vegetable Capsule  
Servings Per Container: 60

Amount Per Serving	%Daily Value
Ashwagandha Root (1% extract)	250 mg *
Astragalus Root (0.5% extract)	250 mg *
Bravenly Calm Blend	270 mg *
Consisting of: Holy Basil Leaf (2% extract), <i>Eleutherococcus senticosus</i> Root (0.8% extract), Schisandra Fruit (1% extract), Amla Fruit (40% extract), Maca Root (0.6% extract), <i>Rhodiola rosea</i> Root (3% extract), and <i>Panax ginseng</i> 70% Extract (stem and leaves).	

\*Daily Value not established.

Other ingredients: Hydroxypropyl methylcellulose, vegetable magnesium stearate, and silicon dioxide.

## THE BRAVENLY DIFFERENCE

### INGREDIENT SPOTLIGHT



#### ASHWAGANDHA

Supports healthy blood sugar levels, may reduce stress, and improves brain function.\*



#### RHODIOLA ROSEA

Supports energy & weight management, and may regulate blood pressure.\*



#### MACA ROOT POWDER

Supports libido, energy, mood, memory, and mental clarity.\*



#### HOLY BASIL LEAF

Adaptogen that may help your body adapt to stress.\*